

Stay HOME if you have:

- ◆ Fever
- ◆ Cough
- ◆ Shortness of breath
- ◆ Sore throat
- ◆ Runny nose
- ◆ Headache and/or body aches
- ◆ Loss of sense of taste or smell
- ◆ New or worsening respiratory symptoms NOT related to allergy

Also stay home if you have:

-travelled outside of Canada, including the United States, during the past 14 days;

-frequented a COVID19 high risk area in the Province during the last 14 days;

-in the past 14 days, knowingly come into contact with someone who has COVID19, who has known symptoms of COVID19, or is self-quarantining after returning to Canada.

-NOT been following government recommended guidelines in respect of COVID-19, including practicing physical distancing and avoiding gatherings larger than currently allowed in the public health order.



Saskatchewan Fencing Association

www.skfencing.ca

Fencing and COVID19



Fencer/Parent Expectations

Our number one goal is to protect our fellow fencers

- Come directly to fencing with no stops on the way to class. Leave immediately when class is done.
- Come dressed & ready to fence; no change rooms will be available. At end of class, gear can go into your bag and home to wash after EVERY class.
- Bring your own filled water bottle and own hand sanitizer. Sanitizer must be at least 70% alcohol.
- Sanitize hands after touching doors, using a washroom, touching fencing equipment, hand rails etc...
- parents/spectators must comply with physical distancing and are welcome to wear own mask as well.
- Parent volunteers will be used to help disinfect shared areas.

When you get to class

- Physical distancing of 2 metres is to be adhered to at all times.
- fencers are to keep their equipment bags well spaced from each other and their gear must remain in/on their own bag.
- All fencers, parents/spectators, coaches and volunteers must sign in every time they are remain at the club. An attestation form stating you are healthy and have no COVID19 risk factors will be signed every time you attend. This will aid in contact tracing if anyone involved in fencing tests positive for COVID19.

STAY HOME if you are ill and contact Healthline 811 to be screened and tested for COVID19.

If you test positive, let them know which dates you attended fencing and a contact # for your fencing club.

Equipment care

- Equipment should not be shared except by members of the same household.
- Clubs should assign dedicated fencing gear to fencers for the duration of the class.
- Fencers are required to bring equipment home between classes and to wash gloves and whites in the washing machine, wipe down lames with a damp cloth only and wipe down masks and sword grips with an approved disinfectant between every class.
- bag handles and wheels (if applicable) to be wiped down as you leave the club each class.
- If club gear MUST be shared, it will be thoroughly disinfected between classes by a club representative familiar with the guidelines.